

General Group Information:

Social Cognitive Skills (Social CBT)

Social Theatre™

Creative Kids Design Club

Groups utilize concepts and strategies from cognitive behavior therapy, Social Thinking® founded by Michelle Garcia Winner, and other intervention strategies to focus on the development of social-emotional competencies including:

Self-awareness

Self-regulation

Social/Relationship Skills

Social Awareness

Social Problem Solving

Coping Skills

Our group placement philosophy:

We group kids based on chronological age and skill level (social cognitive level of functioning) and not just by grade or diagnosis.

Our process:

1. First, we review the application and will request additional information which may include: school form to be completed by educational staff, and IEP 's or other evaluations that may help us to learn more about your child and determine if we have a potential group opportunity.
2. Next, we will schedule an intake session to meet you and your child, complete some assessment tasks, answer any questions and confirm that the group we have identified will be a good fit based on social cognitive ability level and group cohesiveness.
3. Following the intake appointment, we will confirm the group placement and schedule.

At times we may complete an intake and determine the group we are forming may not be a good match for your child. In this case, we will share our concerns with you and discuss options which may include: considering other groups that we may offer, suggest placing them on a waiting list for future groups, consider starting with individual therapy, or provide referrals to other group therapy options. We feel strongly that best practice for forming groups working on social learning and skills is to have participants well matched by skill level and areas of social challenge. We appreciate your patience in the process.

Groups are typically offered on a school semester schedule, Fall, Winter/Spring, and Summer.

This methodology is described in the following article found on www.socialthinking.com.
[Grouping Students for Treatment: Looking Beyond the Diagnostic Label, Michelle Garcia Winner](#)

Schedule and Fees:

- Sessions use curriculum-based materials which are individualized based on individual and group goals.
- Groups are 50-60 minutes and parents are provided with information about the group topics and activities.
- Groups are activity based, utilizing a variety of materials, and providing opportunities for children to learn, and practice new skills.
- We are in network with Blue Cross Blue Shield PPO traditional policies (out of network with Blue Choice).
- If we are not in your insurance network, we may submit your claims as a courtesy, but payment is due at the time of service.
- Group fees vary based on the size of the group \$70-\$85.
- An intake appointment is required prior to final placement \$125

Please contact us if you have questions or need additional information.

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