

# College and Career Transitions Social Group for Young Adults


**CORE**  
Connection  
Counseling  
630-524-4000



## Adulthood is hard.

Learning to live independently - responding to daily demands - takes time, planning and practice. Join our social learning group, for neurodiverse 18-25 year-olds, and learn about the key components that contribute to independence.

 **Thursdays starting June 2024**

 **Core Connection  
Counseling  
6040 State Route 53  
Suite C  
Lisle, IL 60532**



Relationships

Goal Setting

Organization

Time  
Management

Emotional  
Regulation

Everyday  
Wellness

Register Here

[www.colleenhansontherapy.com/SocialEmotionalSkillsGroups](http://www.colleenhansontherapy.com/SocialEmotionalSkillsGroups)

More Info

(630) 524 4000